

## Michigan Chapter Social Worker

Hello everyone,

First of all, I would like to thank Jean Gibbs for inviting Dave and I to the May Flint support group meeting. The turn out was excellent and the support group members were very warm and inviting. I hope Dave and I answered all the questions that needed to be answered. If we did not and you have additional questions please feel free to call the HDSA Michigan Chapter Hotline – 1-800-909-0073 or email [hdsamisw@gmail.com](mailto:hdsamisw@gmail.com). I also attended the May Mt. Pleasant Support Group Meeting with Dave and received a warm welcome there, and learned first hand some of the research being done by Dr. Dunbar.

Going to the support group meetings in Saginaw and Flint, I have come to realize that people have an influx of questions about "Assistive living" or some type of care at home. So I will take the time to pass along some information on "Assistive Living." One agency I received information from is called, **Care At Home** they provide the following services:

- Bathing, Bathroom, and Dressing Assistance.
- Assistance Transferring In and out of Bed and Walking.
- Preparing and serving of Hot cooked Meals.
- Medication Reminders.
- Light Housekeeping and Laundry.
- Assistance to and from Appointments.
- Companionship and Conversation.
- Assistance with errands and Day Planning.



A short phone call is all that is needed to get started. They will meet in your home with involved family members to assess your needs. They will develop a care plan that will allow you to maintain a stress free life with dignity. Together you and the agency will choose the best possible match to your needs and your schedule. After that, they will provide you with the same caregivers so you can establish a trust. They will then maintain contact with the caregivers to help ensure that your needs are met.

Their service rates are a four hour minimum shift Monday's through Friday's. Holidays are times and half for these employees. The rates are the following:

- 4 hours 13 dollars per/hr
- 8 hours 12 dollars per/hr
- 12 hours 11 dollars/hr
- 24 hour rate is available

### **Care at Home - (989) 673-1958 and (586) 673-1958**

Also there is another option if this agency does not work out. They are called **Personalized Skilled Care In The Home**. They offer just about the same services; however I do not know their rates. Their contact numbers are toll free – 1-866-978-9850 and (810) 720-0978.

Please feel free to call the Huntington's Disease Society of America Michigan Chapter @ 1-800-909-0073 or email [hdsamisw@gmail.com](mailto:hdsamisw@gmail.com) if you have questions about these facilities.

Please keep in mind there are also other agencies around the state that can provide the same services. These are just a couple that I recommend.

Thank You and God Bless,

Danny Berry – Social Worker/Family Service Coordinator